



## Cheese Sauce

### INGREDIENTS

- 1 cup water
- ½ cup raw cashews
- 4 ounces pimentos, drained, or ½ red or orange bell pepper
- ¼ cup oatmeal
  
- 1 to 1½ teaspoons salt
- 2 tablespoons oil
- ⅓ cup nutritional yeast flakes
- 1 teaspoon onion powder
- 1 tablespoon lemon juice
- ⅓ cup Daiya cheese shreds (optional)
  
- 1½ cups boiling water

### DIRECTIONS

1. Blend first four ingredients well.
2. After blending add all but boiling water.
3. Add boiling water and reblend.
4. Pour in pot and boil for 2 minutes.